

**MENTAL HEALTH & EMERGENCY
RESOURCES & AGENCIES TO SUPPORT SCPS
STUDENTS & FAMILIES**

Resource Name	Resource Web Address
2-1-1 Virginia	https://www.211virginia.org/consumer/index.php
Central VA Housing Coalition	https://centralvahousing.org/
Child Care Aware of Virginia	https://vachildcare.com/find-quality-childcare/family-resources/
Community Ministry Center	http://communityministrycenter.org/home
Crisis Text Line	https://www.crisistextline.org/
Empower House	http://www.empowerhouseva.org/?page_id=8
Legal Aid Works	https://www.legalaidworks.org/get-help/
Mental Health America of Fredericksburg	https://www.mhafred.org/provider-list/
Mental Health Provider Local List	https://www.psychologytoday.com/us/therapists/va/stafford
Military One Source	https://www.militaryonesource.mil/coronavirus
National Counseling Group	https://www.ncgcommunity.com/
National Suicide Prevention Lifeline	https://suicidepreventionlifeline.org/
Rappahannock Area Community Services Board	https://rappahannockareacs.org/
Rappahannock United Way	https://www.rappahannockunitedway.org/get-help/individual/
S.E.R.V.E.	http://www.serve-helps.org/need-help/
SAMHSA's Disaster Distress Helpline	https://www.samhsa.gov/find-help/disaster-distress-helpline
SCAN of Northern VA Parent Resource Center	https://www.scanva.org/support-for-parents/parent-resource-center-2/

Stafford County Assistance Programs	https://staffordcountyva.gov/1886/Energy-Assistance https://www.dss.virginia.gov/geninfo/corona.cgi
The Social Care Network	https://www.auntbertha.com/
The Trevor Project	https://www.thetrevorproject.org/get-help-now/
Thrive Virginia	https://thriveva.org/
Virginia Common Help	https://commonhelp.virginia.gov/access/
While At Home	https://whileathome.org/i-am/in-crisis/