

Social-Emotional Support



Building Capacity

Introduce Staff

Melanie Daniel- Supervisor of Student Services and Special Education

Colette Hokana- Nurse Manager

Dr. Emma Jurrens- Lead Psychologist

Tanya Meline- Lead Social Worker

Verona Wilborn- Lead Counselor

Professional Learning



“In learning you will teach, and in teaching you will learn.”

— Phil Collins

Mental Health Professionals & Specialized Instructional Support Personnel (SISP)

- Counselors
- Psychologists
- Social Workers
- Nurses
- Diagnosticians



> 3,000

SCPS Employees Have or Will Attend One or More
Trainings/Workshops

Mental Health Trainings & Workshops

Mental Health Awareness 101

Trauma Awareness

Adverse Childhood Experiences (ACEs)

Youth Mental Health First Aid (YMHFA)

Human Trafficking

Course I:
Trauma-Informed*

Course II:
Trauma-Supportive*

Suicide Risk Assessment Training*

Crisis Preparedness & Prevention*

* Designated Groups Only



Mental Health Awareness & Equity

- **October 14, 2019 & November 5, 2019**
 - All Licensed Staff (Approximately 2500)
 - Mental Health & Trauma Awareness 101
 - Equity - LGBTQIA+
 - Transportation - Mental Health Awareness
- **SEL/Equity Training for All staff- August 18th/19th, 2020**

On-Demand Trainings & Workshops

- Mental Health Awareness 101
- ACE (adverse childhood experiences)
- Human Trafficking
- Trauma Awareness
- YMHFA (Youth Mental Health First Aid)

Aligning with District Pilots & Initiatives

- Restorative Practices & Restorative Justice
- Alternatives to Suspension Collaborative
- Typical or Troubled (Notice. Talk. Act)
- Student Code of Conduct Revision

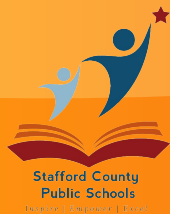
SCPS

Social Emotional Learning for 2020-2021 and beyond.....

Panorama: Interactive Reporting Platform

SEL Framework and Training Opportunities:

Authentic Framework of SEL Resources, for staff, parents, and students.

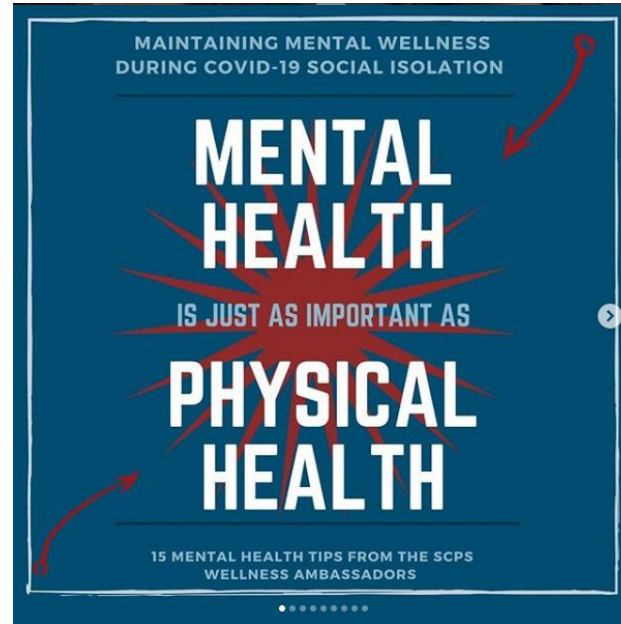


Wellness Support for Staff



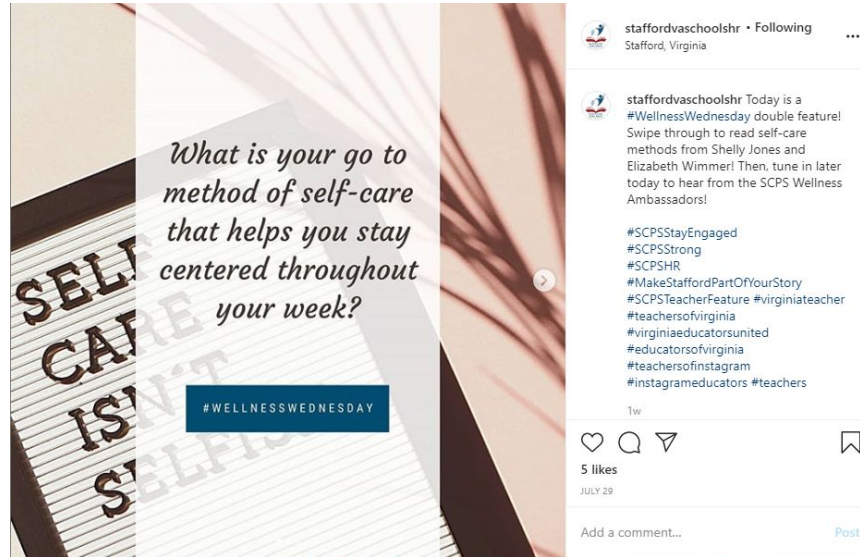
Wellness Focus During Remote Work

- Handling physical and mental stress while teleworking
- Meditation and journaling
- Face covering guidance and DIY pattern
- Social media and mental wellness
- EAP contact information



“Wellness Wednesday”

Weekly insights from teachers included in our social media “Teacher Feature” on their own self-care habits



Plans for Fall 2020

- Continued guidance on wellness approaches for “next normal” work environment
- Proactive social-emotional support via collaboration between Human Resources, Student Services, and Benefits teams

**Active sharing
of self-led
strategies**



**Passive access to
social-emotional
resources**

***Active provision of
social-emotional support***

Hopes for the Next “Next Normal”

- Resumed emphasis on both physical and mental health through coordinated initiatives and wellness challenges
- Using wellness as a pathway to building and supporting communities within and across schools

Confidential Help Available to All Staff

If you or a family member need immediate support for any of the following issues, free, confidential advice and resources are available through the Anthem Employee Assistance Program:

Finding a mental or physical healthcare professional

Critical/emergency mental health support

Addiction recovery resources

Domestic abuse support

Dependent care resources for children or elders

Financial and legal services

Call 800-346-5485 or visit anthemeap.com
Enter Stafford County Schools to log in.

Thank You!

Department of Student Services & Special Education
and Human Resources

