


## Sophomore Forge Families!

As this year has truly limited our ability to meet and discuss our students' futures, we have two valuable tools that we would like all to review. All of our students have access to their Naviance account (can be accessed through their school email in the "waffle." Naviance is loaded with valuable, future-planning exploration and information.

As part of our sophomore school curriculum, we ask that each student complete the "Career Cluster Finder." This will be a series of questions that, in the end, provides students with career information that would align with their interests and help to begin the valuable search for their ultimate career. Below are instructions on how to access this tool.

- 1) Make sure you are signed into your SCPS student email account
- 2) Click on the "waffle"
- 3) Scroll down and click on the Naviance icon: 
- 4) Once logged in, look under the "Important To-Dos and Tasks"
- 5) Complete the Career Cluster Finder

Feel free to explore this program and utilize all the resources it provides.

\*\*\*\*ADDITIONALLY\*\*\*\*

Sophomore "Opportunities Guide and Workbook":

The "[Opportunities Preparing for College Guide and Workbook](#)" link is accessible from our website. This is a helpful resource that explains what sophomores could be doing this year. Please refer to page 40 in the Opportunities guide for a checklist of what students can do right now to prepare for Junior and Senior year, and their post-secondary plans.

Click "View or Download" 2020-21 Opportunities guide in the middle of the page, then scroll down and click your language of choice next to "Virginia." It will download a PDF of the guide for you to save and use as needed. There is also information about colleges, FAFSA, and scholarships in this guide that are updated each year.

We understand that everyone's plans for after high school are different, and those looking to pursue a 4-year college right after high school may be eager to get started preparing for this option. However, regardless of whether you are planning on going to a 4-year college or not, there are some helpful career resources in this guide that will help you. Page three, for example, outlines various college types (career and tech-ed, community college, college, and university). Regardless of your current intended path, information within this guidebook will help you explore some options and/or potentially rule out others. For example, there is a great resource called "O\*NET" (onetonline.org) listed on page four where you can find Occupational information and projections that will help in your planning (with or without 4-year degrees).

To our sophomore students especially - You may be in the early stages of this process and that is right where you should be! Very few sophomores have everything figured out, and you may change your

mind a ton of times, which is also okay. This information should only be a guide, not a rulebook. Everyone's path looks different and it may take you a little longer to figure it all out.

We are here for you along the way throughout this process - your counselor is a valuable resource and we are here to help guide you through this journey! Please reach out to your counselor if you need help or have any questions.

Thank you for your time,  
CFHS Counseling Department

**Counselor Assignment (based on student's last name):**

A - Bro: Mrs. Jessica Muise will direct to available counselor - [muiseja@staffordschools.net](mailto:muiseja@staffordschools.net)

Bru - E: Ms. Mia Morrison - [morrisonmm@staffordschools.net](mailto:morrisonmm@staffordschools.net)

F - H: Mrs. Tisha Henderson - [hendersontl@staffordschools.net](mailto:hendersontl@staffordschools.net)

I - McC: Mrs. Miranda Todd - [toddml@staffordschools.net](mailto:toddml@staffordschools.net)

McD - P: Mr. Jacob Wolff - [wolffjs@staffordschools.net](mailto:wolffjs@staffordschools.net)

Q - S: Ms. Camillia Smith - [smithcj1@staffordschools.net](mailto:smithcj1@staffordschools.net)

T - Z: Mrs. Rebecca Shay - [shayrl@staffordschools.net](mailto:shayrl@staffordschools.net)