3.1.2. Hair-Male.

Tapered appearance on both sides and the back of the head, both with and without headgear. A **tapered appearance is one that when viewed from any angle outlines the member's hair so that it conforms to the shape of the head, curving inward to the natural termination point without eccentric directional flow, twists or spiking.** A block-cut is permitted with tapered appearance. Hair will not exceed 1¼ inch in bulk, regardless of length and ¼ inch at natural termination point; allowing only closely cut or shaved hair on the back of the neck to touch the collar. Hair will not touch the ears or protrude under the front band of headgear. Cleanly shaven heads, military high-and-tight or flat-top cuts are authorized. Prohibited examples (not all inclusive) are Mohawk, mullet, cornrows, dreadlocks or etched design. Men are not authorized hair extensions. See Fig. 3.2 for sideburns, mustache and beard and for graphic examples of male hair standards.

3.1.2.1. Sideburns. If worn, sideburns will be straight and even width (not flared), and will not extend below the bottom of the orifice of the ear opening. Sideburns will end in a clean-shaven horizontal line. See Fig. 3-1, orifice of the ear opening is at ref. point A.

3.1.2.2. Mustaches. Male Airmen may have mustaches; however they will be conservative (moderate, being within reasonable limits; not excessive or extreme) and will not extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from both corners of the mouth. See Fig. 3-1, ref. points B, C, and D.

3.1.2.3. Beards. Beards are not authorized (exception in paragraph 3.1.2.3.1) unless for medical reasons, when authorized by a commander on the advice of a medical official. If commander authorizes, members will keep all facial hair trimmed not to exceed ¼ inch in length. Individuals granted a shaving waiver will not shave or trim any facial hair in such a manner as to give a sculptured appearance. Commanders and supervisors will monitor progress in treatment to control these waivers. If necessary for medical reasons, facial hair will be kept neat and conservative (moderate, being within required limits (not more than ¼ inch); not excessive or extreme), as defined by the local commander.
3.1.3. Hair-Female. NO MINIMUM length to max. 3 1/2 " bulk from scalp and allows proper wear of head-gear. Hair will end above the bottom edge of collar and will not extend below an invisible line drawn parallel to the ground. When in doubt, assess correct length of hair with Airman standing in the position of attention. Except in the physical training uniform (PTU), hair lengths that would be below the bottom edge of the collar will be pinned-up with no loose ends. Bangs will not touch either eyebrow, to include an invisible line drawn across eyebrows and parallel to the ground. If worn, BLACK HAIR ACCESSORIES (E.G., FABRIC SCRUNCHIES hairpins, combs, CLIPS headbands, elastic bands, BARRETTEs, ETC.) ARE AUTHORIZED REGARDLESS OF HAIR COLOR. Ornaments are not authorized (i.e., ribbons, beads, jeweled pins). Exception: While wearing PTU, long hair will be secured but may have loose ends and may extend below the collar [TO THE REAR] i.e. ponytails [OR BRAIDS].

3.1.3.1. The intent is for pinned-up hair to be styled in a manner that prevents loose ends from extending upward on the head. For example, when using a clip or hairpins, hair will not present the appearance of a —rooster tail — when hair is in a bun, all loose ends must be tucked in and secured; when hair is in a ponytail, it must be pulled all the way through the elastic band and may hang naturally downward and not extending below the bottom of the collar (except while in the PTU). For all hairstyles, a neat and professional image is essential.

3.1.3.2. Braids, micro-braids and cornrows are authorized. However, they must be a natural looking color for human beings similar to the individual’s hair color; conservative (moderate, being within reasonable limits; not excessive or extreme) and not present a faddish appearance. A braid is three or more portions/strands of interwoven hair. When worn, multiple braids shall be of uniform dimension, small in diameter (approx. ¼ inches), show no more than ¼ inch of scalp between the braids, braids or twists and must be tightly fused/intervenved to present a neat, professional appearance. A loc, or braid must continue to the end of the hair without design and following the contour of the head, and may be worn loose or in a secured style within hair standards (cf. para. 3.1.3). EXCEPTION: Micro-braids/twists are not required to continue to hair end.

3.1.3.3. Hair color, highlights, and frosting will not be faddish and will be natural looking hair color for human beings, similar to the individual’s hair color (e.g. black, brunette, blond, natural red, and grey).
3.2. Fingernails. Male Cadets are not authorized to wear nail polish. If worn by females, nail polish will be a single color, not distinctly contrast to her complexion, detract from the uniform, or be extreme colors. Some examples (not all-inclusive) are as follows: purple, gold, blue, black, bright (fire engine) red and fluorescent colors. Do not apply designs to nails or two-tone or multi-tone colors; however, white-tip French manicures are authorized. Fingernails must be clean and well-groomed and not exceed ¼ inch in length beyond the tip of the finger; they must not interfere with the performance of duties.

3.3. Cosmetics. Male Cadets are not authorized to wear cosmetics. Female Cadets may wear cosmetics; however, if worn, they will be conservative (moderate, being within reasonable limits; not excessive or extreme) and in good taste. Female Cadets will not wear shades of lipstick that distinctly contrast with their complexion, that detract from the uniform, or that are extreme colors. Some examples of extreme colors include but are not limited to, purple, gold, blue, black, bright (fire-engine) red, and fluorescent colors. Cosmetics will not be worn during field conditions.

3.5. Body Piercing/Ornamentation

3.5.1. In uniform on or off campus: With the exception of earrings for women (see para. 6.3.1.1) all members are prohibited from attaching, affixing, or displaying objects, articles, jewelry or ornamentation to or through the ear, nose, tongue, eye brows, lips, or any exposed body part (includes visible through the uniform).

3.5.2. In civilian attire on official duty during AFJROTC activities: With the exception of earrings for women (matching, small [not greater than 6mm] round or square, gold, silver, pearl or diamond studs, 1 pair in lowest piercings); all members are prohibited from attaching, affixing or displaying objects, articles, jewelry or ornamentation to and/or through ear, nose, tongue, eye brows, lips, or any exposed body part (includes any visible through clothing).

3.5.3 In civilian attire off duty on AFJROTC activities: With the exception of earrings for women (see paragraphs 6.3.1.1) and areas in and around military family and privatized housing, all Air Force members are prohibited from attaching, affixing and/or displaying objects, articles, jewelry or ornamentation to and/or through the ear, nose, tongue, eye brows, lips, or any exposed body part (includes visible through clothing).

3.5.4. Dental ornamentation: Teeth, whether natural, capped, or veneered, will not be ornamented with designs, jewels, initials, etc. The use of yellow gold, white gold, or platinum caps (permanent or temporary) merely to add ornamentation to the teeth and not required by dental/medical necessity is prohibited. Waivers are not required for cadets with permanent yellow gold, white gold or platinum caps that were applied as a result of dental/medical necessity.

3.6. Body Alteration/Modification. Intentional alterations and/or modifications to a member's body that result in a visible, physical effect that disfigures, deforms or otherwise detracts from a professional military image are prohibited. Examples of prohibited conduct include (but are not limited to) tongue splitting or forking, tooth filing, acquiring visible, disfiguring skin implants, and gouging [GAUGES] (piercing holes large enough to permit light to shine through.)
CADET GROOMING EXAMPLES

Regimental Honor Court Chief Justice
Regimental Historian
Alpha Company Commander
Bravo Company Commander
Charlie Company Commander

Delta Company Commander
Echo Company Commander
Foxtrot Company
Golf Company Commander
Hotel Company Commander

India Company Commander
Kilo Battery Commander
Band Company Commander
Regimental Drum Major