



NORTH STAFFORD HIGH SCHOOL PERMISSION FOR EMERGENCY CARD

(To be completed by parents at the beginning of each activity season)

Name _____ Birth Date ___/___/___ Age _____ Home Phone _____

~~Social Security #~~ _____ Parent/Guardian's Name _____

Address _____ Grade ___ Phone# (of Parent/Guardian during the Day) (____) _____

In an emergency, if parents cannot be contacted please notify:

Name _____ Phone _____

Insurance Coverage? School: Yes ___ No ___ Other _____
(List policy name & number)

Allergic to Medication (Specify type) _____

The school has my permission, in an emergency when I cannot, to transport my child to the emergency room of the nearest hospital and its medical staff has my authorization to provide treatment which a physician deems necessary for the well-being of my child.

(This card shall be readily accessible to the coaches and taken to the hospital with the students.)

INTERSCHOLASTIC ATHLETIC RULES AND REGULATIONS

To be a member of a North Stafford High School Activity is a privilege and not a right.
This applies to the sports program as well as other extra-curricular activities.

A student must abide by the rules of the Stafford Co. co-curricular policy regarding practice and the specific requirements of the coach/sponsor of the activity in which he/she is participating.

SCHOOL RULES

1. Students must be in attendance for all 4 blocks in order to practice or participate in extracurricular activities.
2. Athletes must abide by all VHSL rules & regulations.
3. Interscholastic uniforms or parts of uniforms may be worn only for participation in the activity for which it is issued.
4. Students are financially responsible for uniforms & equipment issued to them, beyond normal wear & tear.
5. Any student who has not completed his/her payment obligations at the close of the season will not be allowed to compete in any further competition until the obligation is met.
6. Possession or use of alcohol, tobacco, or illegal drugs is strictly forbidden.
7. Family vacations that interfere with organized practice and or games/activity should be discussed with the coach/sponsor. Athletes and parents must realize that missed practice may affect the playing time of the athlete and whether they letter or receive awards.
8. When a student resigns as a participant from a team after final cuts are made, he/she will be ineligible to participate on another team until the team from which he/she resigned or was dismissed has concluded all activities for that season.

We have read the above rules and regulations and agree to abide by them.

Participant: _____

Parent/Guardian: _____

Date: _____