



Stafford County Public Schools
Restart of Athletics and Activities Guidelines
Participation Consent Form

- VHSL Physicals will be required to participate in out-of-season activities. The VHSL Physical Form can be found on the following link - <https://www.vhsl.org/vhsl-physical-form/>
- Parents and students will review the SCPS Athletics and Activities Phase Health and Safety Protocols document.
- If your child has a temperature greater than 100.4 degrees or is showing any symptoms consistent with COVID-19, the child will not be allowed to attend practice or participate. The student will need to be evaluated by a physician and if they test positive for COVID-19 they must be fever free for 24 hours without fever reducing medications **and** improved symptoms **and** 10 days after onset of symptoms prior to returning.
- Parents/guardians are to remain in their vehicles during practices if they remain at the school.
- Parents and students are responsible for the washing and sanitizing of any gear before and after training.
- Each student will use hand sanitizer upon arrival prior to participation. Hand sanitizer is provided.
- Each student will have a personal water bottle with his/her name on it. Students should not share water bottles. For the health and safety of all students, anyone arriving without a personal water bottle or who runs out of water during a session will not be permitted to continue for that session. Therefore, students must bring appropriate-sized water bottles since there will be no hydration stations (coolers) present per state guidelines.
- Students will be responsible for sanitizing hands after completion of training.
- Students will **adhere to all physical distancing guidelines during training sessions**. Those who do not follow the guidelines will be removed immediately and asked not to return.
 - Students are required to wear a mask.
 - Masks can be removed during strenuous exercise where students maintain 10 feet physical distancing.
 - Students will maintain 6 feet physical distancing unless otherwise directed by a coach/sponsor to move to 10 feet.
- Students will immediately report any illness to their coach.
- Students will refrain from picking up any gear that does not belong to them. (ball, bag, clothing, etc.)
- Students should shower and wash their clothes as soon as they get home after out-of-season conditioning.

*****SCPS understands and respects any parent OR students' wish not to return to conditioning activities. Out-of-season conditioning is an optional activity and not required.*****

By signing this paper, I acknowledge that I have read and understand my role and responsibilities set forth by the Phase II COVID-19 Return to Play/Participate Guidelines.

(This agreement will stay in effect if/when we move into Phase III).

Parent Signature: _____

Date: _____

Parent Printed Name: _____

Student Signature: _____

Date: _____

Student Printed Name: _____

School: _____

Activity: _____