

NSHS Out of Season Condition Plan

SPORT	DAYS	TIME	LOCATION	DROP OFF
B Basketball	Mon/Wed	4:00-6:00	FB Practice Field	Rear of School
G Basketball	Tu/Thur	5:00-7:00	Track	Rear of School
Wrestling	Mon/ <u>Fri</u>	6:30-8:00	Track	Rear of School
Football	Tu/Thur	4:00-6:00	FB/LAX Practice Field	Rear of School
Field Hockey	Tu/Thur	4:00-6:00	Front Top Field	Front Lot of School
Cross Country	Tue/Wed	4:30-6:30	Track	Dr. Ed. Lot at Track
Baseball	Mon/Wed	5:30-7:30	BB Field	Student Lot
Softball	Tu/Thur	4:00-6:00	SB Field	Student Lot
B Soccer	Tu/Thur	4:00-6:00	Front Lower Field	Front Lot of School
G Soccer	Tu/Thur	4:00-6:00	Front Top Field	Front Lot of School
B LAX	Mon/Wed	4:00-6:00	LAX Practice Field	Rear of School
G LAX	Tu/Thur	5:00-7:00	Track	Rear of School
Dance	Mon/Wed	5:30-7:00	Track	Dr. Ed. Lot at Track
Cheer	Mon/Wed	5:30-7:00	Track	Dr. Ed. Lot at Track
Band	TBD			
JROTC	Tu/Thur	4:00-6:00	Track	Dr. Ed. Lot at Track Rear of School