

Gayle Athletics

General Rules:

1. To be eligible, all athletes must have a completed and signed VHSL physical form on file at the school dated on or after May 1, 2019.
2. Athletes must have an Athletics & Activities Code of Conduct signature packet signed by the student and the parent (team meetings will be held after tryouts). Athletes must have the Code of Conduct packet signed and returned before the first contest.
3. Leave all valuables locked in your assigned sports locker. Bring all materials with you to practice that you will need to take home. No one is allowed in the school hallways after practice. Gayle Middle School is not responsible for lost or stolen items.
4. Please bring a water bottle with your name on it to practice.
5. Depending on the sport, practices end between 5:00 and 5:15. Any athlete not picked up by 5:30 on more than two occasions may be dismissed from the team. We encourage parents to carpool. If your son/daughter has a sibling who rides the Colonial Forge activity bus, it is not our responsibility to wait with your child for their sibling.
6. Failure to put forth consistent effort in practice may result in dismissal from the team.

Attendance Rules:

1. Athletes may not practice or play in a game if they have been absent from school unless they have written permission from the principal. Per the Code of Conduct, students must be in school by 9:15am to participate in practice and/or games.
2. Two unexcused absences from practice may result in being dismissed from the team. Athletes must talk to a coach in person with a valid excuse signed by a parent before a missed practice. If the coach is unaware of an absence prior to practice, it is an unexcused absence.
3. Athletes who are unable to participate due to injury, are still required to attend practice. A doctor's note is needed to determine the length of absence from practice.
4. Athletes who need to leave practice early must bring a note signed by a parent.
5. Unless otherwise announced by coaches, practices will be held Monday through Friday.

Academic Rules:

1. Athletes must have passed 5 subjects at the end of each marking period to be eligible to participate in any sport.
2. Coaches can establish additional academic eligibility criteria that is approved by the principal.

Conduct Rules:

1. Participation in athletics is a privilege and not a right.
2. Student-athletes are expected to maintain proper behavior and conduct the entire school year and not just the season of the sport in which they are participating.
3. Athletes must maintain proper conduct during the school day as well as practices and contests. Any unacceptable behavior may result in disciplinary action.
4. Consistent poor behavior may result in dismissal from the team.
5. Any referrals resulting in In School Suspension will result in no practice or game the day ISS is served. Any referrals resulting in two or more days of Out of School Suspension may result in dismissal from the team. Each case will be evaluated on an individual basis.

Student Name (print)

Parent Name (print)

Student Signature

Parent Signature

Grade _____

Date _____